

## **EPIC RUN CHEAT SHEET(6ish MILES)**

- Launch from Julius Kahn Park. Follow dirt trail towards Arguello. Turn right on Arguello.
- Shortly after turning right you will cross the street and veer left onto Bay Area Ridge Trail.
- Continue on Bay Area Ridge Trail (Look for signs and flour markings).
- You'll follow Bay Area Ridge Trail to Park Avenue/Amatury Loop.
- You'll follow Bay Area Ridge Trail across Park Avenue. Roughly a 1/4 mile later look for flour markings on your RIGHT and continue following Bay Area Ridge Trail to Rob Hill Campground (it will be on your left).
- Run through the parking lot of Rob Hill Campground and turn LEFT and the end of the parking lot onto Washington.
- Run along Washington for 1/10th of a mile and cross over to Immigrant Point Overlook for an EPIC view! At Immigrant Point Overlook take steps down to Lincoln Blvd.
- Cross Lincoln Blvd. Join Battery to Bluffs Trail and follow trail until you reach the top of the stairs that are adjacent to Lincoln.
- Turn around here and head back through Rob Hill Campground onto Bay Area Ridge Trail until you reach Park/Amatury Loop.
- Head LEFT and follow Park Trail downhill. Look for flour markings. Follow Park Trail until you reach the intersection of Lincoln/McDowell.
- Turn around and head back up Lincoln/McDowell.
- Once you crest the hill (at Park/Amatury Loop), turn LEFT onto Bay Area Ridge Trail and head back to Julius Kahn.

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